IN THE CLAIMS

Please amend the claims as follows:

- 1. (original) An activity monitor comprising:
- a measurement unit including a plurality of motion sensors operable to produce respective sensor signals indicative of motion experienced thereby; and
- a processor operable to receive the sensor signals from the measurement unit and to process the sensor signals in accordance with a predetermined method,

characterized in that the activity monitor is operable to monitor and process the sensor signals discontinuously in time.

- 2. (original) An activity monitor as claimed in claim 1, wherein the measurement unit is operable to output the sensor signals discontinuously in time.
- 3. (currently amended) An activity monitor as claimed in claim 1 $\frac{1}{2}$, wherein the processor is operable to monitor the sensor signals discontinuously in time.

- 4. (currently amended) An activity monitor as claimed in any one of claims 1 to 3 claim 1, wherein the processor is operable to monitor the sensor signals in turn.
- 5. (original) An activity monitor as claimed in claim 1, wherein the processor is operable to enter a monitoring mode of operation in which the processor monitors the sensor signals and to enter a standby mode of operation in which no monitoring takes place.
- 6. (original) An activity monitor as claimed in claim 5, wherein the processor is operable to enter the monitoring mode and the standby mode alternately.
- 7. (original) An activity monitor as claimed in claim 6, wherein respective time periods for the monitoring and standby modes are variable.
- 8. (original) An activity monitor as claimed in claim 6, wherein respective time periods for the monitoring and standby modes are fixed.
- 9. (original) A method of monitoring activity using a plurality of motion sensors which are operable to produce respective sensor

signals indicative of motion experienced thereby, the method comprising receiving sensor signals and processing the signals in accordance with a predetermined method, characterized in that the sensor signals are monitored and processed discontinuously in time.

- 10. (original) A method as claimed in claim 9, comprising alternately monitoring the sensor signals and operating in a standby mode, in which no monitoring takes place, for respective time periods.
- 11. (original) A method as claimed in claim 10, wherein the respective time periods are variable.
- 12. (original) A method as claimed in claim 10, wherein the respective time periods are fixed.
- 13. (original) A method as claimed in claim 9, wherein the sensor signals are monitored in turn.